

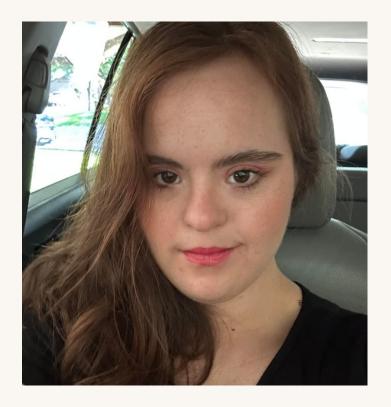
Down Syndrome

ASSOCIATION OF SOUTH TEXAS

Cristina Kazmierezak

Self-Advocate/ Board Member

"As a person with Down Syndrome I started going to the DSA at the end of 2019. I went only one time before COVID hit and then Club Night had to be canceled in person, but thanks to technology and the great DSASTX staff we were able to do Club Night over Zoom. I was looking forward every Wednesday to get together and have fun. When the time came to go back to Club Night in person I had the chance to finally meet my good friends I had made on Zoom. I am now the A.B.L.E. program trainer, which focuses on learning independence and making good choices. We have this training every month during Club Night and I enjoy being part of this program.



I was so happy and excited when asked to be part of the Board of Directors to contribute to this amazing organization. I have served on the DSASTX Board of Directors as an advocate member for over 20 months. One of my favorite parts is to report during the board meetings on events that I attended that were always fun. I also like to share my ideas at the board meetings, one which was making and selling Crazy Socks to raise money during World Down Syndrome Day."